## Black Robin<sup>®</sup> Clubfoot AFO Socks Overview



Double and Single Layered socks for use with clubfoot AFOs to reduce the risk of sores and skin breakdown







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## Black Robin® Clubfoot AFO Socks Overview

The bracing phase of Ponseti Method clubfoot treatment is for many the hardest part. Clubfoot babies need to wear their braces, initially for 23 hours per day, and then reducing to nightime and naptime use. Babies and young children have very sensitive skin at risk of sores or skin breakdown from the action of the brace or fungal infection from the build-up of moisture. The consequences of skin breakdown during the bracing phase can be catastrophic leading to periods of not using the brace, increased risk of relapse and difficulty getting the patient to re-accept the brace after the skin has healed.

An important step parents and carers of clubfoot babies can take is to use smooth closefitting, moisture wicking socks on clean dry feet before fitting the brace. The Black Robin<sup>®</sup> double and single layered socks are the original clubfoot AFO socks, designed by parents of a clubfoot baby, specifically for use with clubfoot braces.

## Indications:

 Black Robin double and single layered socks are for babies and children using clubfoot night AFOs and ADM<sup>®</sup> Abduction Dorsiflexion Mechanisms.

## Advantages and Benefits:

- Double layered socks transfer friction forces away from the skin to between each sock layer. This idea was originally proven by long distance runners, hikers and mountaineers.
- A mixture of bamboo and elastane fibres provides a smooth, wrinkle-free stretch fit and moisture wicking sock.
- The single layered sock is ideal for patients at lower risk of skin breakdown and when the temperature is hot.
- Available in 7 sizes for babies and young children at every stage of their bracing.
- Silicon dots on the underside of smaller sizes to help keep the socks in place.
- · Bamboo is a naturally occuring, biodegradable and environmentally friendly fabric



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Black Robin<sup>®</sup> double and single layered socks are great value and will help reduce the risk of sores and skin breakdown during the clubfoot bracing phase.